

From: Bob Hopkins [mailto:swimsmart@yahoo.com]
Sent: Monday, February 09, 2009 6:08 PM
Subject: Sussex County SWIM, Inc. e Newsletter Feb 9th

Swimmers and Volunteers and Friends,

Just a reminder that we will have no session next Monday, February 16th due to the Presidents Day holiday which will render the Y filled with kids.

The session today was our first implementing Don's idea of a volunteer led water exercise session as opposed to our traditional do-it-yourself program. New volunteer, Susan Cooper, collaborated with Don to come up with a great program which she led from the pool deck and which was attended by about 80% of swimmers. Great job swimmers for undertaking a new format and to Don and Susan for delivering it.

Our ranks are growing with about 50 swimmers and 25 volunteers active. We are averaging about 20-25 swimmers and 10-12 volunteers each Monday, a very comfortable number. As the numbers continue to increase weekly, we may have to go to a "waiting list" to avoid overcrowding in the pool, but we still have a ways to go before we have to do that.

Some have asked about how long this program will go. We currently have a commitment from the Y for the use of their facility through Monday, June 8th. In the summer, the Y has many day camps and other activities and may not be able to donate their facilities during months. If that is the case, we will pick up the program in the fall when the Y is able again to donate the pool and classroom.

A special thank you to those who have brought in goodies for our social hour and the Valentine decorations today. As I mentioned, the Valentine hearts that you saw around the Y today are symbols of the Strong Kids Program which provides the opportunity to participate in the Y's activities to those who otherwise could not financially afford it. Your support of the Strong Kids Program is greatly appreciated.

Attached are three pictures from today's session.

See you at our next session on Monday, February 23rd.

Please get back to Don or myself with any questions, suggestions, ideas, constructive criticisms, etc. that you have. Tell it like it is and we will continue to improve the Sussex County SWIM, Inc. program.

Thank you.

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